

Fall in for a challenging trail run in historic **Bidwell Park**, one of the most diverse and pristine parks in America. This 3,618 acre preserve encompasses both sides of **Big Chico Creek Canyon**.

Run starts at **Hooker Oak Recreation Area** (take Vallombrosa Avenue, turn left on Manzanita; Hooker Oak is on the right.)

Trails include: **Middle Trail**, one of the more rugged trails in the park and the popular **Yahi Trail** which runs next to the creek and is strictly for foot traffic.

Areas of Interest: **Bear Hole, Salmon Hole**, and **Brown's Hole**, popular local swimming holes rimmed with volcanic boulders, and **Horseshoe Lake**, a fun place for kids to fish all year around.

Please see our web site for more trail details: www.chicorunningclub.org

Sponsored by:



The Hot Half & 1/4 Marathon

are challenging events covering some beautiful, but rugged terrain. The trails are rocky and steep with obstacles everywhere.

Come prepared for an adventure!



Chico

RUNNING CLUB

P.O. Box 1182 • Chico, CA 95927
www.chicorunningclub.org

4th
Annual

HOOKER OAK TRAIL

H.O.T. Half

**HALF MARATHON
& 1/4 MARATHON**

**Sunday
October 10, 2010**

Chico, California

Choose your distance on Bidwell Park's beautiful natural trails, including the Upper and Lower Yahi Trail.

Chico Running Club

Race Information

Half Marathon starts at 8:00 a.m.

1/4 Marathon starts at 8:15 a.m.

Run starts and finishes at the Hooker Oak Recreation Area (take Vallombrosa Avenue, turn left on Manzanita; Hooker Oak is on the right.).

Terrain includes single track dirt & rock trails as well as gravel & rocky roads.

Trail shoes highly recommended.

Entry Fees

Half Marathon: \$50

1/4 Marathon: \$40

Race Day Registration: \$55 for Half Marathon
\$45 for 1/4 Marathon

\$5 discount for CRC/SWEAT members

Entry fees are non-transferable and non-refundable

Registration

REGISTRATION OPTIONS:

1. Drop off registration at Sports Ltd
2. Mail in attached entry form*
3. Register online at www.active.com

**Please do not mail your entry form after September 25th -- register on active.com, bring to packet pickup or bring to event on Race Day.*

T-Shirts

Technical tees will be guaranteed for all runners. Sizes are not guaranteed for entries received after September 25th.

Packet Pick-up

Sports Ltd
698 Mangrove Avenue
Saturday, October 9
12:00 p.m. to 6:00 p.m.

Participants may pick up race numbers and goody bags, or register for the race. Race day registration will also be available.

Aid Stations

There will be aid stations along the course serving water, hydration beverages and energy gels

Awards

Half Marathon and 1/4 Marathon awards at approximately 11:30 a.m.

Awards will be presented to the first place male & female and three deep in each age group division, both male and female.

Need More Info?

Web: www.chicorunningclub.org
Email: hothalf@gmail.com
Race Director: Tracie Hannick

Net proceeds will be donated to local charities

Entry Form

First Name _____

Last Name _____

Street Address _____

City _____

State _____

ZIP _____

Phone _____

Email _____

RACE 1/2 marathon 1/4 marathon

T-SHIRT SIZE S M L XL

Gender _____ Age on Race Day _____

Estimated Finish Time: _____ HR _____ MIN

RUNNING CLUB AFFILIATION: CRC SWEAT

Waiver: In consideration of you accepting my entry, I intend to be legally bound, hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims that I may have against the persons and organizations associated with the HOT Half: Chico Running Club, City of Chico, County of Butte, State of California, and other contributing organizations; and assign for any and all injuries suffered by me while traveling to or from or while participating in the H.O.T Half on Oct. 10, 2010. I further attest that I am physically fit and have sufficiently trained for participation in this event.

SIGNATURE

X _____

(Signature of participant, or parent or legal guardian if under the age of 18)

Credit Card # _____

Expiration ____/____

Mail **completed entry form with signature(s)** and a check made payable to:

Chico Running Club

P.O. Box 1182, Chico, CA 95927