



Join Chico Running Club  
and C.A.R.D. for a  
**5K Run/Fun Walk**  
**July 4th at 7:00am**  
Events start and finish at the  
**One Mile Recreation Area**  
in lower Bidwell Park.  
The course is flat, paved and free of traffic.

### Registration/T-shirts

**\$25 Entry Fee**

**\$20 CRC/SWEAT Member Entry Fee**

**\$30 Race Day Fee** (no guarantee of T-shirt Sizes)

**T-SHIRTS and BREAKFAST** will be provided to registered participants. A portion of the proceeds benefit the C.A.R.D. scholarship fund.

**Entry fees are non-transferrable and non-refundable.**

### Packet Pick-up

**Sunday July 3** from 12:00 pm to 5:00 pm

The C.A.R.D. Center

545 Vallombrosa Avenue

**Race Day** at One Mile beginning at 6:00 am until 6:45am.

### Awards

5K awards at approximately 8:15 am

Awards will be presented three deep in age group divisions in the 5K run.

Awards to first place men's and women's.

### Need more information?

**Web:** [www.chicorunningclub.org](http://www.chicorunningclub.org)

**Email:** [runner@saber.net](mailto:runner@saber.net)

**Online:** [www.active.com](http://www.active.com)

**Please: no strollers or dogs**



### Registration Form

Please do not mail your entry form after June 25th  
Or register at packet pickup

Name/First: \_\_\_\_\_ Last: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ Email: \_\_\_\_\_

Age: \_\_\_\_\_ Running Club Affiliation:  CRC  SWEAT

Gender:  Male  Female T-shirt size:  S  M  L  XL

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of participant, or parent or legal guardian if under the age of 18

Credit Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_

### Registration Options.

1. Mail in entry form
2. Pick up & Drop off forms at Fleet Feet or CARD office
3. Register at [www.active.com](http://www.active.com)
4. Register at Packet Pickup

**Waiver:** In consideration of you accepting my entry, I, intend to be legally bound, hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims that I may have against the persons and organizations associated with the 2011 Independence Day 5K: Chico Running Club, City of Chico, County of Butte, State of California, and other contributing organizations; and assign for any and all injuries suffered by me while traveling to or from or while participating in the 2011 Independence Day 5K. I further attest that I am physically fit and have sufficiently trained for participation in this event.

Mail completed entry form with signature(s)  
and a check payable to:

**Chico Running Club/Independence Day 5K**  
**P. O. Box 1182, Chico, CA 95927**